**M2 Property Group**

Respiratory Protection Program

**(Voluntary Use – Filtering Face-piece ONLY)**

**Appendix D to Sec. 1910.134 (Mandatory) Information for Employees Using**

**Respirators When Not Required Under the Standard**

Respirators are an effective method of protection against designated hazards when

properly selected and worn. Respirator use is encouraged, even when exposures are

below the exposure limit, to provide an additional level of comfort and protection for

workers. However, if a respirator is used improperly or not kept clean, the respirator

itself can become a hazard to the worker. Sometimes, workers may wear respirators to

avoid exposures to hazards, even if the amount of hazardous substance does not

exceed the limits set by OSHA standards. If your employer provides respirators for your

voluntary use, or if you provide your own respirator, you need to take certain

precautions to be sure that the respirator itself does not present a hazard.

You should do the following:

* Read and heed all instructions provided by the manufacturer on use, maintenance, cleaning and care, and warnings regarding the respirators limitations.
* Choose respirators certified for use to protect against the contaminant of concern. NIOSH, the National Institute for Occupational Safety and Health of the U.S. Department of Health and Human Services, certifies respirators. A label or statement of certification should appear on the respirator or respirator packaging. It will tell you what the respirator is designed for and how much it will protect you.
* Do not wear your respirator into atmospheres containing contaminants for which your respirator is not designed to protect against. For example, a respirator designed to filter dust particles will not protect you against gases, vapors, or very small solid particles of fumes or smoke.
* Keep track of your respirator so that you do not mistakenly use someone else's respirator.

**EMPLOYEE TRAINING AND CERTIFICATION**

**Appendix D of 29 CFR 1910.134 Involving Voluntary Use of Filtering Face-pieces**

Instructor Name: Date:

The following employees have received training on Appendix D of 29 CFR 1910.134 (Information for Employees Using Respirators When Not Required Under the Standard – Filtering Face-piece ONLY) and have demonstrated an understanding of the requirements. In addition, these employees have received training and will heed all instructions provided by the manufacturer on use, maintenance, cleaning and care, and warnings regarding the respirators limitations for the following filtering face-pieces:

**Attendance List**

Property Employee Name Employee Signature

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